



January 2024

NEWSLETTER

Themes

Snow Friends


Bundle up and embark upon a chilly adventure to the polar regions! Children will discover the places in the world that stay cold and wintry year-round. They'll learn about animals and camouflage, as well as characteristics of winter, such as snow, wind, and ice.

Scribbles and Splats

Tap into children's inner artists and art critics during this theme all about self-expression. Children will develop fine motor skills as they practice familiar ways to create art and explore new art processes. Explore the history of crayons, color mixing, sculpting with playdough and foil, and much more!

Alphabet Words

map, milk, moon, mountain, nest, noodles, notepad, nuts, olives, omelet, orange, ox

Color/Shape	Letters/Numbers
	Mm, Nn, Oo 11, 12

Sign Language



Learn with Me!

• Snow Cooking

Collect different cooking tools such as old pans, pots, and spoons. Encourage your child to join you in using the kitchen utensils for a pretend play outdoor snow cooking activity. Would they like to make snow stew? How about snow rice? As you play together, point out the snow's texture, color, and temperature as a way to engage in conversation. (Offer dirt if there is no snow.)

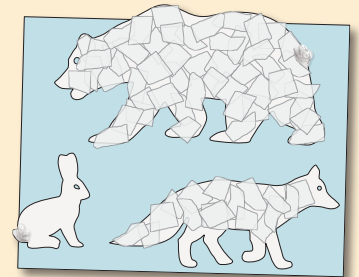
• Color and Water Marks

Explore different types of marks and colors with your child. Place a large sheet of paper on the floor or table. Invite your child to choose what coloring tools to use. Create marks and decorate the paper together, inviting other family members to participate as well. Ask your child, "What would happen if we sprayed our artwork with water or added drops of watercolors with pipettes? Would you like to try it?" Talk about how the colors change and mix. Allow the project to dry, and display it on a wall.

My Project: Polar Pals

When I bring this project home, we can:

- Feel the texture of each animal with our fingers.
- Talk about polar animals that have white fur.



My Project: My Paint Palette

When I bring this project home, we can:

- Find tools around home that can be used for painting.
- Name the colors used on the project.
- Plan a visit to an art museum as a family.



*Graphics are intended to show samples of projects.
Materials may be substituted or used differently.*

FAMILY CONNECTION

Book List

Over in the Arctic: Where the Cold Winds Blow

by Marianne Berkes

The Three Snow Bears

by Jan Brett

What's That Noise?

by Naomi Howarth

Brown Bear, Brown Bear, What Do You See?

by Bill Martin Jr.

I'm Not Just a Scribble

by Diane Alber

ABC Arts Book

by Hope Knight

My Museum

by Joanne Liu

Beautiful Oops!

by Barney Saltzberg

Songs

Arctic Animals

Sung to “The Mulberry Bush”

This is the way the (snowy owl flies),
(Snowy owl flies), (snowy owl flies)!

This is the way the (snowy owl flies),
On an arctic morning!

Repeat with: polar bear swims, lemming hops, caribou digs, and seal dives



Create with Me

Sung to "Mary Had a Little Lamb"

Will you come and (draw) with me?

(Draw) with me, (draw) with me?

Will you come and (draw) with me,
And then we will create!

Repeat with: color, paint, and sculpt



Recipe

Hot Cocoa Mix

1 (1 lb.) can unsweetened powdered cocoa

1 (8-quart) box nonfat dry milk

1 (8 oz.) container powder nondairy creamer

1 cup powdered sugar

1 package mini marshmallows

Mix the ingredients in an airtight container. Fill a cup with 1 cup water. Add 4 heaping teaspoons of mix to the cup and stir. Heat in microwave until warm, and stir again until well mixed. Top with mini marshmallows. Store the airtight container of mix in a cool location.



Reminders

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.